



The Rotary Club of Elmhurst *District 6450*

Fellowship – Understanding – Service – Ethics

www.elmhurstrotary

February 13, 2025

Thought(s) for the Day: Greg brought us thoughts for the day from Rodney Dangerfield, such as “My parents tried to kill me. My bath toys were a toaster and a radio.” Then at least two more, but you get the idea. With our current cold front, we needed a bit of humor.

Polio Plus: Bill Lyman’s ticket was drawn from the fishbowl today but the ten of diamonds is not a man’s best friend. **Seven (7) cards remain.** Another good reason to attend next week’s meeting!

Fines: Greg fined every Elmhurst Rotarian not in attendance \$1 (those in Florida: \$10-ed.). Fines today originated in Canada, with a 25% tariff added on (a continuation of Canadian humor....). Then we were hit with fines for not knowing the actor and film name which appeared on the display screen. Think of *Walk the Line*, *Chapman*, *The Iron Lady*, and more.

Announcements

Board meeting: Wednesday, 5PM, Elmhurst Library.

Global Grant: President Marilyn announced that the Rotary Club of Naperville has agreed to lead the water well project in Sierra Leone that our own Art Pitz initiated (but could not lead due to a conflict of interest). A needs assessment for the project has been completed and the process of writing the grant application is underway.

Save the Date: 2025 spring fundraiser April 17, at the *Modern Plate, 119 N York Street, Elmhurst* (the former site of a bowling alley). Come to the Fundraiser Committee meeting next Thursday at 11:30, just before our noon meeting, to learn more.

Program

Ken Bartels introduced son Jake Meding, Director of Development for the Pulmonary Fibrosis Foundation (PFF), headquartered in Chicago. Jake became involved after his father-in-law as well as his grandfather, succumbed to Pulmonary Fibrosis. This interstitial lung disease results in fibrosis (scarring) of

the lung walls, making them stiffer and difficult for oxygen to diffuse into the blood system.

These cases are not cancer and they are not infectious. While there are many different types of pulmonary fibrosis, they all share dry, bothersome cough, fatigue, shortness of breath, poor quality life, and a need for supplemental oxygen. The disease has a progressive course and a high mortality rate. Although pulmonary fibrosis is much more common in older adult males, about 429 per 100,000 adults over the age of 70 in the US are living with the disease.

The Foundation is concentrating on the care given to Pulmonary Fibrosis patients and research efforts. Fifty thousand cases are diagnosed every year in the US and the Foundation is working to expand the existing network of regional Pulmonary Fibrosis care centers to more US hospitals through the exchange of data on cases from outlying hospitals.

Factors such as the environment and genetics are thought to be contributing causes. Research is key to understanding the cause and developing treatment. While the disease is not a virus, having up-to-date vaccinations is important to reduce the odds of this disease. Thanks, Jake, and thanks to Jessica Shore, RN, PhD, for describing the Foundation’s efforts and for answering our numerous questions.

UPCOMING PROGRAMS:

2/20 Business meeting
2/27 Police Chief Michael: New Elmhurst police station
3/6 METRA CEO Jim Derwinski

FINER-THOUGHT FOR THE DAY:

2/20 Brian Bergheger
2/27 Joyce Slone
3/6 Marilyn Kosik
3/13 Children Up, Uganda

ROTARY 2024-2025

The Magic of Rotary

Rotary International President

Stephanie A. Urchick – McMurray, PA

District 6450 District Governor

Rachael Ossyra – Aurora United

Rotary Club of Elmhurst Officers

President	Marilyn Boria
President-Elect	Greg St. Laurent
Secretary	Joe Weigel
Treasurer	Jim Clohessy
Past-President	Frank Troost
Directors	Al Spada
	Dave McKenna
	C. J. Merrill
	Garry Vaccaro

<u>Member</u>	<u>Spouse</u>	<u>Classification</u>
Bartels, Ken	Marge	Civic Leader
Bergheger, Brian	Carol Doyle	Retired-Museum Director
Boria, Marilyn	Phil	Retired-Library Director
Cahill, Valerie	Hal	Risk Mgmt. Director-YMCA
Carroll, Larry	Carlotta	Post-Secondary Education
Clohessy, Jim	Vanessa	Accounting-Small Business
Gorski, Maryann	Ron	Resident Artist
Harper, Mary Beth	Jim	Library Director
Hill, Collin	Megan	Retail Jewelry
Hostetler, Harry	Marie	Retired-Manufacturer
Kopecky, Rob	Cheryl	Retired Photographer
Kosik, Marilyn		Residential Real Estate
Kunesh, Dan	Paula	Industrial Supply Distribution
Laliberte, Charlie	Betty	Education-Children UP-Uganda
Libovicz, Elaine		Retired-City Treasurer
Linson, Curt	Nancy	Retired-Packaging
Lyman, Bill	Linda	Retired-Railway Management
Mason, Rachael		Business Services – Pub. Library
McKenna, Dave	Tammy	Home Construction
Mehta, Shazad		Auto Repair Service
Merrill, C. J.	Alice	Retired-Music Educator
Nichele, Joe	Kelly	Attorney
Nilles, Joe		Property Management
Pitz, Arthur	Suzanne	Retired-International Relations
Robinson, Jody	John	Financial Planner
Sakash, Bill		Retired-Industrial Distribution
Shanklin, Bill		Retired-Packaging
Slone, Joyce	Russ Weigand	Commercial Real Estate
Spada, Al	Beth	Non-Profit Management
St. Laurent, Greg	Brenda Lee	Retired-Retail Packaging
Studebaker, Scott	Mary	Healthcare Development
Sukowicz, Mark	Joan	Accounting
Troost, Frank	Patricia	Retired-Monument Company
Turnbough, Eli		Funeral Director
Tyburski, Susan	Paul Wcisel	Hospital Development
Vaccaro, Garry	Debra	Warm Coats for Cool Kids
Weigel, Joe	Aileen	Retired - Commercial Lending

THE ROTARY CLUB OF ELMHURST meets for lunch at 12:00 noon at the *Elmhurst Public Library, 125 S. Prospect Avenue*, Elmhurst, followed by a program and ending by 1:30pm. **Lunch is catered except for a beverage.** The BrewPoint Coffee bar, located just inside the library, has a limited supply of drinks in addition to coffee your way.

THE FOUR WAY TEST of the things we think, say, or do:

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOOD WILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?
- No. 5: "Is it any fun"? [Ted Arey]

"Rotary International is the world's leading humanitarian service organization", Cliff Lyda, Past Pres. of Elmhurst Rotary & Past District 6450 Governor.

13: The number of Elmhurst Rotarians in attendance today.

Exercise, otherwise known as physical activity, is especially important beyond retirement age. Keeping the muscles moving is important to both physical and mental health. Today's program reminds us that life can be short, shorter than most of us would prefer.

Same caterer today, but different sandwiches. The variety was noticed and appreciated. The deserts are still enticingly good. The brownies are particularly delicious.

Greg St. Laurent has ordered a new bicycle to help keep in shape and to enjoy the outdoors, even in suburbia (bike trails provide the large (deer) and the small (turtles and birds) to watch. Cyclists like to say they ride to eat and eat to ride. Go for the brownies, Greg!

Send announcements and (corrections) for next week's F.U.S.E. to wclyman2@gmail.com

